INFORMATION PAPER

DAPE-HR-PR 20 November 2000

SUBJECT: Pregnancy Physical Fitness Uniform (PFU) and Improved Physical Fitness Uniform (IPFU)

I. Purpose. To provide information concerning the wear of the PFU and the IPFU by pregnant soldiers.

2. Facts.

- a. It is HQDA policy that pregnant soldiers will the wear the PFU or the IPFU only until the uniform becomes too small or too uncomfortable. At no time will commanders require pregnant soldies to buy a larger PFU or IPFU in order to accommodate the pregnancy.
- b. For comfort, pregnant soldiers may wear the PFU or IPFU with the t-shirt outside the shorts. When pregnant soldiers are no longer able to wear the PFU or IPFU comfortably, they may wear equivalent civilian maternity physical fitness clothing.
- 3. This information has been incorporated into the revision of AR 670-1, which will be published in early 2001.

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APPROVED:

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